



ImpleMentAll Final Conference

16-17 March 2021

Day One Program (10.00 - 15.30 CET)

JOIN VIA CONFERENCE [LINK](#), MEETING ID: 880 8041 2426

10.00 - OPENING - Day One

ImpleMentAll Final Conference

Moderators: Kim Mathiasen, PhD, Project Coordinator - ImpleMentAll
Christiaan Vis, Scientific Coordinator - ImpleMentAll

10.15 - KEYNOTE

Strategic Intentions and Everyday Practices: what do normalisation processes look like?

Professor Dr. Carl May PhD FAcSS FRCGP (Hon), Professor of Medical Sociology

10.45 - KEYNOTE

Opportunities to improve mental health services through adaptive and tailored approaches to implementation

Assistant Professor Byron J. Powell, PhD, LCSW;

Brown School and School of Medicine; Co-Director, Center for Mental Health Services Research; Washington University in St. Louis

11.15 - COFFEE BREAK

11.30 - PRESENTATION

Headline results of the ImpleMentAll project:

Effectiveness Study

Christiaan Vis, IMA Scientific Coordinator

ItFits-toolkit Process Evaluation

Professor Tracy Finch, Professor of Healthcare and Implementation Science

Implementation-as-usual

Anne Etzelmüller, Dipl.-Psych., PP Implementation Research Manager at HelloBetter by GET.ON, Work Package Lead "Implementation Management and Knowledge Transfer"

12.25 - FLASHTALKS

Digital Prevention of Depression for Farmers? A Qualitative Study about Barriers and Facilitators in the Nationwide Implementation of Tailored Internet Interventions from a Health Workers' Perspective

Johanna Freund M.Sc. (Clinical Researcher)

Do target-group specific interventions pay off? - Adaptation and implementation of digital mental health interventions to German farmers

Dr. Elena Heber, VP Content & Research (HelloBetter)

13.10 - LUNCH BREAK - CHANGE TO WORKSHOPS (VIA ZOOM MEETING [LINK](#), MEETING ID: 838 9606 3803)

14.00 - WORKSHOP

Showcase of the ItFits-toolkit and live question and answer session with developers and implementers

Workshop Moderators:

Professor Tracy Finch, Professor of Healthcare and Implementation Science

Johanna Freund M.Sc. (Clinical Researcher)

Dr. D. (Denise) J.C. Hanssen, Psychologist, researcher, implementation lead for Master Your Symptoms

Caroline Oehler (M.Sc.Psych), Implementation Lead, German Depression Foundation

Sebastian Potthoff, C. Psychol, PhD, Lecturer in Public Health

Professor Tim Rapley, Northumbria University

Kristine Tarp, Anthropologist, PhD, Postdoc

Ingrid Titzler, M.Sc. (Project and Implementation Lead, trial site GET.ON)

14.55 - FLASHTALK

All(most) implemented for patients?

Erik Van der Eycken - Expert by Experience / EU Research Projects Officer, GAMIAN

15.15 - CLOSING NOTE

Moderators: Kim Mathiasen, PhD, Project Coordinator - ImpleMentAll

Christiaan Vis, Scientific Coordinator - ImpleMentAll



Day Two Program (10.00 - 15.30 CET)

JOIN VIA CONFERENCE [LINK](#), MEETING ID: 880 8041 2426

10.00 - OPENING - Day Two

ImpleMentAll Final Conference

Moderators: Kim Mathiasen, PhD, Project Coordinator - ImpleMentAll
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10.15 - KEYNOTE

Innovation to Implementation: e-Mental Health in Canada

Nicholas Watters, MBA, Director, Access to Quality Mental Health Services, Mental Health Commission of Canada

10.40 - PANEL DISCUSSION (Audience Q&A)

ImpleMentAll and Implementation in the context of COVID-19

Moderator: Kim Mathiasen, PhD, Project Coordinator - ImpleMentAll

Panelists: Dr. Arlinda Cerga Pashoja, Assistant Professor of Global Mental Health with the London School of Hygiene and Tropical Medicine
Professor Dr. Ulrich Hegerl, President of the European Alliance Against Depression and the German Depression Foundation

11.05 - PANEL DISCUSSION (Audience Q&A)

Theories and evidence - Context and Tailoring of Implementation Strategies

Moderator: Kim Mathiasen, PhD, Project Coordinator - ImpleMentAll

Panelists: Bianca Albers, PhD, MSc - Associate Director

Professor Carl May PhD FACSS FRCGP (Hon), Professor of Medical Sociology

Assistant Professor Byron J. Powell, PhD, LCSW;

Brown School and School of Medicine; Co-Director, Center for Mental Health Services Research; Washington University in St. Louis

11.40 - COFFEE BREAK

12.00 - PANEL DISCUSSION (Audience Q&A)

ImpleMentAll Results - understanding the ItFits-toolkit, a qualitative and quantitative perspective

Moderator: Kim Mathiasen, PhD, Project Coordinator - ImpleMentAll

Panelists: Professor Tracy Finch, Professor of Healthcare and Implementation Science

Josien Schuurmans, PhD, Senior Investigator/Trial Coordinator - ImpleMentAll

Christiaan Vis, Scientific Coordinator - ImpleMentAll

12.40 - PANEL DISCUSSION (Audience Q&A)

Future ideas for the ItFits-toolkit in research and practice

Moderator: Christiaan Vis, Scientific Coordinator - ImpleMentAll

Panelists: Sebastian Potthoff, C. Psychol, PhD, Lecturer in Public Health

Josien Schuurmans, PhD, Senior Investigator/Trial Coordinator - ImpleMentAll

Caroline Oehler (M.Sc.Psych), Implementation Lead, German Depression Foundation

13.15 - LUNCH BREAK - CHANGE TO WORKSHOPS (VIA ZOOM MEETING [LINK](#), MEETING ID: 838 9606 3803)

14.00 - PRESENTATION

Application of the ItFits-toolkit in Future Implementation Projects (Choice of two parallel presentations)

The Norwegian perspective – planned use of the ItFits-toolkit by the Centre for Mobile Mental Health, in seeking to increase the use and impact of digital psychological interventions in Norway

Dr. Robin Kenter PhD – postdoctoral research fellow at the Department of Clinical Psychology at the University of Bergen, Norway

The Lebanese perspective – planned use of the ItFits-toolkit in rolling out Step-by-Step, an electronic mental health intervention, known as “Khoutweh Khoutweh”, in Lebanon

Ms. Jinane Abi Ramia, PhD candidate, MPH, Project coordinator, National Mental Health Programme (NMHP) | Ministry of Public Health, Lebanon

Ken Carswell, DCLinPsy, Department of Mental Health & Substance Use, World Health Organisation, Geneva

14.45 - PANEL DISCUSSION

Reflections of the ImpleMentAll Scientific Steering Committee

Moderator: Professor Dr. Heleen Riper, Chair ImpleMentAll Scientific Advisory Board

Panelists: Professor Dr. Ulrich Hegerl, Member ImpleMentAll Scientific Steering Committee

Assoc. Professor Dr. David Daniel Ebert, Member ImpleMentAll Scientific Steering Committee

15.10 - CLOSING NOTE

Moderators: Kim Mathiasen, PhD, Project Coordinator, ImpleMentAll

Christiaan Vis, Scientific Coordinator, ImpleMentAll